



Disordered Eating Policy

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- Bodywork Company will always treat cases of disordered eating in a professional and sensitive way. Dance UK and BEAT guidelines are adhered to and nutrition is covered in FHS classes.
- A healthy approach to eating is encouraged and students should feel able to discuss worries with appropriate specialists via the Head of Pastoral Care.
- Concerns may be raised by students or staff and should always be addressed to the Head of Pastoral Care, never directly to the student. Communication with family will occur if the student is under 18 or in immediate danger.
- Once it has been established that help is needed a multi-disciplinary approach is most helpful, there will be communication between GP, specialist referrals, staff, the student and where possible the student's family.
- Students may be weighed and realistic goals discussed. A reduction in activity may be suggested and will always be in the best interest of the student.
- A care plan will be put in place and monitored and whilst upmost support is provided, in serious cases the student may be asked to stay at home for the recovery process.
- Staff should always be mindful of use of language when talking about body form, if a student has disclosed an eating disorder staff will always be informed.

Reviewed by Mike Udin, Chair of Governors – September 2020

To be next reviewed September 2022

