

Wellbeing Policy

At Bodywork Company, we aim to look after the personal and social wellbeing of students. This encompasses a wide variety of issues including health, social and moral education, behaviour management, attendance and emotional support.

Head of Wellbeing has trained to relate gently and skilfully with the inner worlds of individuals from all backgrounds and the elements that go to make up that person's sense of self, their inner resources, resilience and capacity to cope.

The faculty are always mindful of the physical, emotional and financial demands that the rigour of fulltime training demands, particularly young students who are living away from home for the first time. Students are treated equally and an ethos of empathy, support and positivity encourages the student to become an authentic person and performing artist. Students should know that the staff are approachable, work without judgement and are respectful of confidentiality.

Students can arrange one to one meetings by appointment or on site. Urgent issues will always take priority. Wellbeing concerns can be raised by the student, a fellow student, a parent, guardian or a staff member. We can provide in-house support and help with referral. Huge emphasis is placed on wellbeing within our college; with smaller student numbers, we provide a nurturing family atmosphere. We believe in a joined-up approach; students should feel supported in all areas of college life throughout their training. Parents/Guardians can contact the Head of Wellbeing via the college number or email.

The Head of Wellbeing, Emma Kerr, is also Designated Safeguarding Lead – Please see Safeguarding and Child Protection Policy.

Teaching staff will be notified if there is a situation regarding a student that they should be aware of, in most instances this will be in the form of information on how to support the student and not details of the disclosure. Students have the right to request confidentiality, however if such confidentiality is considered detrimental to the health and safety of the student and/or college community, the college reserves the right to share information appropriately.

Access to services

- Dance UK, information, support and advice for the dance community.
- The Kite Trust LGBTQ charity.
- BEAT- advice for disordered eating.
- Centre 33, CYP Counselling Service.
- Cogwheel trust, counselling charity.
- CASUS, substance abuse advice for young people.
- SexYouality, support agency for LGBT individuals.
- Kooth, online counselling service.
- Addenbrookes Hospital.
- Samaritans.

Reviewed by Mike Udin, Chair of Governors – September 2020

To be next reviewed September 2022