



## Pastoral Care Policy

### Pastoral Care Policy

At Bodywork Company we aim to look after the personal and social wellbeing of students. This encompasses a wide variety of issues including; health, social and moral education, behaviour management, attendance and emotional support.

Those administering Pastoral Care receive training to relate gently and skilfully with the inner worlds of individuals from all backgrounds and the elements that go to make up that person's sense of self, their inner resources, resilience and capacity to cope.

The team are always mindful of the physical, emotional and financial demands that the rigour of full time training demands, particularly young students who are living away from home for the first time. Students are treated equally and an ethos of empathy, support and positivity encourages the student to become an authentic person and performing artist. Students should know that the staff are approachable, work without judgement and are respectful of confidentiality.

Students can arrange Pastoral meetings by appointment or on site. Urgent issues will always take priority. Pastoral concerns can be raised by the student, a fellow student, a parent or guardian, or a staff member. We can provide in-house counselling or help with referral. Huge emphasis is placed on Pastoral Care within our college, with smaller student numbers we provide a nurturing family atmosphere. We believe in a joined up approach; students should feel supported in all areas of college life throughout their training. Parents/Guardians can contact the Head of Pastoral Care via the college number or email.

The Head of Pastoral Care, Emma Kerr, is also designated Safeguarding Lead – Please see Safeguarding, Child and Vulnerable Adult Protection Policy.

Teaching staff will be notified if there is a situation regarding a student that they should be aware of, in most instances this will be in the form of information on how to support the student and not details of the disclosure. Students have the right to request confidentiality, however if such confidentiality is considered detrimental to the health and safety of the student and/or college community, the college reserves the right to share information appropriately.

### Sexual Health and Awareness

Talks will be provided by a local agency DHIVERSE where subjects such as STD's, contraception and consent will be covered, appropriate to age. Students should feel able to discuss concerns in confidence with the

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Head of Pastoral Care.

### *Drug and Alcohol Policy*

Bodywork Company has a zero tolerance to the use and misuse of drugs and alcohol. Any student who appears to be intoxicated or under the influence of drugs or alcohol will be taken off timetable immediately. Appropriate support and disciplinary measures will be administered. Specialist talks are given to Foundation, 1<sup>st</sup> and 2<sup>nd</sup> Year students by CASUS, a local agency.

### *Access to services*

- Dance UK, information, support and advice for the dance community.
- NHS Dancers Clinic.
- BEAT, advice for disordered eating.
- Centre 33, CYP Counselling Service
- Cogwheel trust, counselling charity.
- CASUS, substance abuse advice for young people.
- SexYouality, support agency for LGBT individuals.
- Addenbrookes Hospital.
- Samaritans.



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